



**Martinez Elementary School**  
***RED RIBBON WEEK 2019***  
***"Kindness Matters"***  
**October 28<sup>th</sup> – November 1<sup>st</sup>**

**Dear Parents,**

**We have the following activities planned for Red Ribbon Week this year. Please encourage your child/children to participate in the activities listed below.**

Monday, October 28	Share the Spirit of Kindness & Be Ready to Live Drug Free!	Red Out Day with Random acts of kindness	Help someone today
Tuesday, October 29	We Don't Hide From Kindness, Team Up Against Drugs!	Wear Camouflage	Let someone go before you in line
Wednesday, October 30	Be Crazy For Kindness & Sock it to Drugs!	Crazy Socks Day	Give someone a compliment
Thursday, October 31	Be Powered by Kindness & Say No To Drugs!	Wear your favorite theme (super hero, sports, etc.) <i>(No Halloween Costumes Allowed)</i>	Smile & say hello to someone new
Friday, November 1	Be Kind & Team Together, Be Drug Free!	Sports Jersey or Team Shirt Day	Tell someone thank you today

**Students will be given wristbands on Monday October 28th to wear for the entire week to help remind them that kindness matters in the fight against drugs. This is a time in which we work to make our students aware of the choices that will face them in life. It is our opportunity to ensure that the right choices are made. Each morning we will be reading the names of students who were nominated for being kind on the morning news show.**